



BOLU ABANT İZZET BAYSAL UNIVERSITY  
FACULTY OF HEALTH SCIENCES  
NUTRITION AND DIETETICS DEPARTMENT

# Overview of the Nutrition and Dietetics Program

Our department is newly established and has been accepting students for three years. We carry out education, consultancy, research, and social activities with a team of 1 professor, 1 associate professor, 4 assistant professors, and 3 research assistants. Each year 30 students are accepted to our department.

## ACADEMIC STAFF



Prof. Dr.  
Muhittin TAYFUR



Assoc. Prof. Dr. Aylin  
AKOĞLU  
Head of Department



Asst. Prof. Dr.  
Taha Gökmen ÜLGER  
Asst. Head of Department



Asst. Prof. Dr.  
Nurefşan KONYALIGİL ÖZTÜRK



Asst. Prof. Dr.  
Zühal ÖZDEMİR YAMAN



Asst. Prof. Dr.  
Bahram Sarkarati



Res. Asst.  
Esra TUNÇER



Res. Asst.  
Gülcan UYSAL YELER



Res. Asst.  
Merve Nur ASLAN

## Mission

- To train dietitians who meet the qualifications established within the framework of international standards, are professionally competent, and respect universal, cultural, and ethical values. Our goal is to protect, improve, support, and enhance the quality of life for individuals throughout their entire life cycle through adequate and balanced nutrition. Additionally, we aim to provide the knowledge and services generated in the fields of education and research for the benefit of society, guided by science and technology.

## Vision

- To become a nationally and internationally recognized, preferred, and pioneering leader in the field of Nutrition and Dietetics. We aim to achieve this through producing well-equipped graduates, conducting impactful scientific research, and providing exceptional consultancy services. Our vision includes advancing research and publications that support the healthy development of society.

## Core Courses and Specializations

- The curriculum of our program is regularly evaluated and revised based on stakeholder meetings to align with contemporary requirements. The current courses carried out in the program and the contents of these courses are presented in a separate file attached.
- Link to the training curriculum:  
<http://bd.sbf.ibu.edu.tr/Files/ckFiles/bd-sbf-ibu-edu-tr/Mufredat.pdf>

## Practical Training and Internships

- Practical training and internships will be conducted in our university hospital and cafeterias. Our fully equipped university hospital offers comprehensive services, providing our students with valuable clinical experiences.



## Research Opportunities

- There are research centers affiliated with our university that our undergraduate students can utilize. Additionally, scientific projects by undergraduate students in Turkey are supported by The Scientific and Technological Research Council of Türkiye (TÜBİTAK). In the 2023-2024 academic year, 7 undergraduate projects from our department were accepted.

## Faculty Profiles

- The Faculty of Health Sciences currently includes the Department of Nutrition and Dietetics, as well as the Departments of Physical Therapy and Rehabilitation, and Nursing. Students can also select elective courses from other departments based on their interests.





## Laboratories and Equipment

- The Food Preparation Laboratory, Microbiology Laboratory, and Food Chemistry Laboratory are currently under construction. They are planned for completion by March 2025.
- During the construction process, the 'Scientific Industrial and Technological Application and Research Center' within our university will be used, as it is well-equipped.
- Relevant laboratory link: <https://betum.ibu.edu.tr/>

✓ As part of the Career Planning course, interviews are held for our students with dietitians working in the private and public sectors.

BOLU ABANT İZZET BAYSAL ÜNİVERSİTESİ  
SAĞLIK BİLİMLERİ FAKÜLTESİ  
BESLENME VE DİYETETİK BÖLÜMÜ

BOLU ABANT İZZET BAYSAL ÜNİVERSİTESİ  
SAĞLIK BİLİMLERİ FAKÜLTESİ  
BESLENME VE DİYETETİK BÖLÜMÜ

BOLU ABANT İZZET BAYSAL ÜNİVERSİTESİ  
SAĞLIK BİLİMLERİ FAKÜLTESİ  
BESLENME VE DİYETETİK BÖLÜMÜ

BOLU ABANT İZZET BAYSAL ÜNİVERSİTESİ  
SAĞLIK BİLİMLERİ FAKÜLTESİ  
BESLENME VE DİYETETİK BÖLÜMÜ

**Beslenme ve Diyetetik Alanında  
Kariyer Söyleşileri-I**

**Beslenme ve Diyetetik Alanında  
Kariyer Söyleşileri-II**

**TOPLU BESLENME SİSTEMLERİNDE  
DİYETİSYENİN ROLÜ**

**Beslenme ve Diyetetik  
Alanında  
Kariyer Söyleşileri-IV**

**SÖYLEŞİ**

Konuk: Dyt. Kübra DAĞ

**SÖYLEŞİ**

Konuklar: Dyt. Ezgi ÇELİKSOY  
Dyt. Sevil KURT ÜLGER

**Kariyer Söyleşileri - III (Çevrim İçi)**

Moderatör: Dr. Öğr. Üyesi Taha Gökmen ÜLGER  
BAİBÜ Sağlık Bilimleri Fakültesi  
Beslenme ve Diyetetik Bölümü

**Söyleşi (Çevrim İçi)**

Moderatör: Dr. Öğr. Üyesi Taha Gökmen ÜLGER  
BAİBÜ Sağlık Bilimleri Fakültesi  
Beslenme ve Diyetetik Bölümü

TARİH: 14.10.2024 SAAT: 15:30 YER: C BLOK DERSLİK 2

TARİH: 21.10.2024 SAAT: 15:30 YER: C BLOK DERSLİK 2

TARİH: 31.10.2024 SAAT: 9.30

TARİH: 02.12.2024 SAAT: 16.00

Etkinlik hakkında ayrıntılı bilgiye İbu.edu.tr adresinden ulaşabilirsiniz.

Etkinlik hakkında ayrıntılı bilgiye İbu.edu.tr adresinden ulaşabilirsiniz.

Etkinlik hakkında ayrıntılı bilgiye İbu.edu.tr adresinden ulaşabilirsiniz.

Etkinlik hakkında ayrıntılı bilgiye İbu.edu.tr adresinden ulaşabilirsiniz.

Katılım için:  
Microsoft Teams

Katılım için:  
Microsoft Teams



2209-A - Üniversite Öğrencileri Araştırma Projeleri Destekleme Programı



- Student research was supported by The Scientific and Technological Research Council of Türkiye (TÜBİTAK).
- All 7 applications for the 2023 2nd Term TUBITAK 2209-A University Students Research Projects Support Program have been accepted.

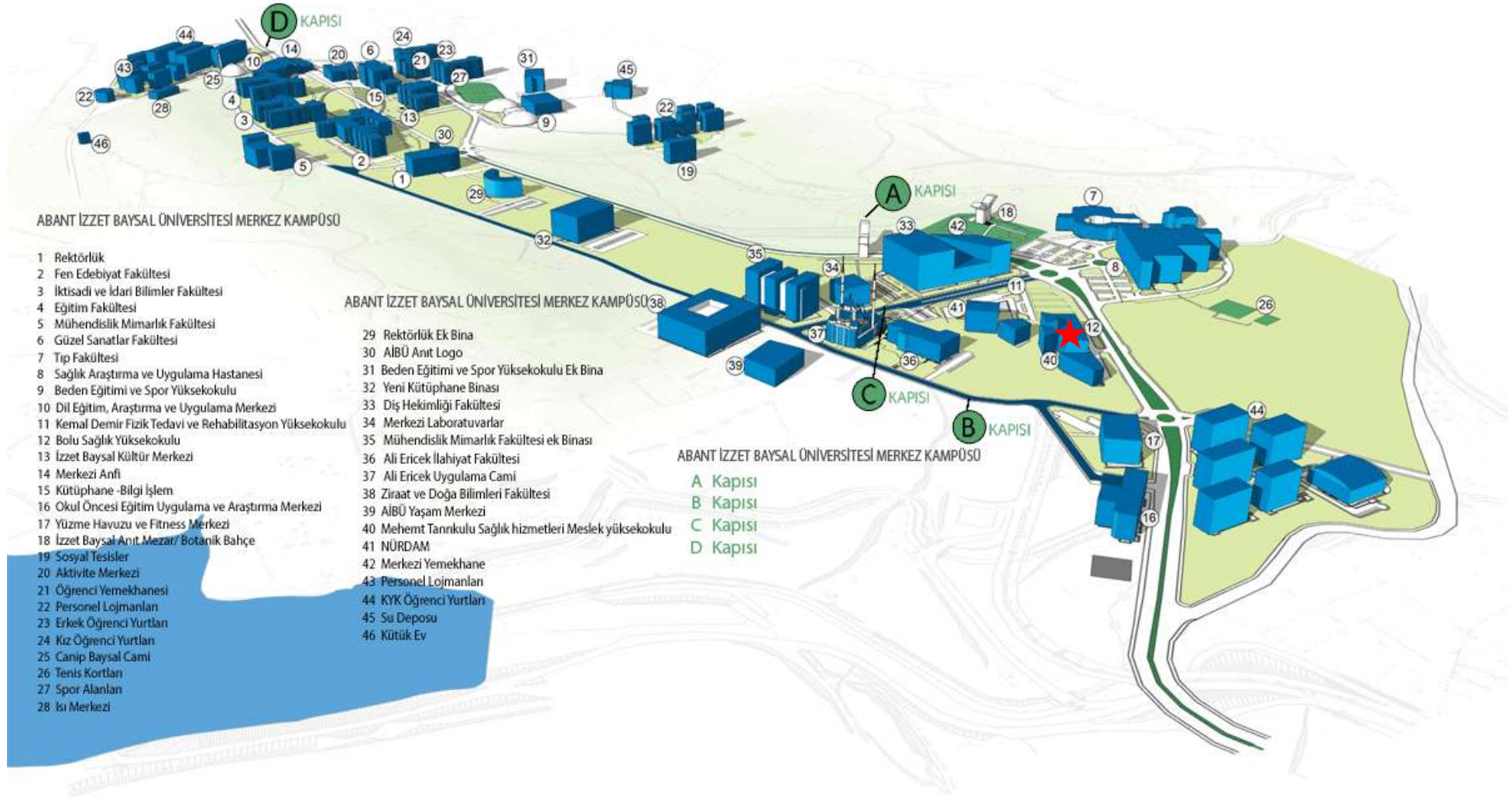
# Access to Libraries and Databases

- Our university library has a working space capacity of over 1,000 people.
- In our library, we offer:
  - Over 108,000 printed works cataloged according to the Library of Congress (LC) classification
  - More than 308,000 e-books
  - Over 59,000 e-journals
  - 6 printed journals
  - 11,681 bound journals
  - Additionally, researchers have access to up-to-date information through 60+ database subscriptions.
  - Library users can access electronic resources 24 hours a day. IP-controlled access to these electronic resources is available from outside the campus.
- Relevant link: <https://kutuphane.ibu.edu.tr/tr>



## Student Support Services

- For students' sports activities, there is a gymnastics hall, tennis, handball, basketball, badminton, volleyball, basketball courts, a hall for folk dances and dance, and a semi-Olympic swimming pool.
- Activities such as symposiums, panels, conferences, concerts, theater and film screenings are held at Cultural Center throughout the year.
- Our university participates in the "Days of Gratitude to İzzet Baysal" organized every year on May 11th in Bolu with various activities.



ABANT İZZET BAYSAL ÜNİVERSİTESİ MERKEZ KAMPÜSÜ

- 1 Rektörlük
- 2 Fen Edebiyat Fakültesi
- 3 İktisadi ve İdari Bilimler Fakültesi
- 4 Eğitim Fakültesi
- 5 Mühendislik Mimarlık Fakültesi
- 6 Güzel Sanatlar Fakültesi
- 7 Tıp Fakültesi
- 8 Sağlık Araştırma ve Uygulama Hastanesi
- 9 Beden Eğitimi ve Spor Yüksekokulu
- 10 Dil Eğitim, Araştırma ve Uygulama Merkezi
- 11 Kemal Demir Fizik Tedavi ve Rehabilitasyon Yüksekokulu
- 12 Bolu Sağlık Yüksekokulu
- 13 İzzet Baysal Kültür Merkezi
- 14 Merkezi Anfi
- 15 Kütüphane -Bilgi İşlem
- 16 Okul Öncesi Eğitim Uygulama ve Araştırma Merkezi
- 17 Yüzme Havuzu ve Fitness Merkezi
- 18 İzzet Baysal Anıt Mezar/ Botanik Bahçe
- 19 Sosyal Tesisler
- 20 Aktivite Merkezi
- 21 Öğrenci Yemekhanesi
- 22 Personel Lojmanları
- 23 Erkek Öğrenci Yurtları
- 24 Kız Öğrenci Yurtları
- 25 Camii Baysal Camii
- 26 Tenis Kortları
- 27 Spor Alanları
- 28 Isı Merkezi

ABANT İZZET BAYSAL ÜNİVERSİTESİ MERKEZ KAMPÜSÜ

- 29 Rektörlük Ek Bina
- 30 AİBÜ Anıt Logo
- 31 Beden Eğitimi ve Spor Yüksekokulu Ek Bina
- 32 Yeni Kütüphane Binası
- 33 Diş Hekimliği Fakültesi
- 34 Merkezi Laboratuvarlar
- 35 Mühendislik Mimarlık Fakültesi ek Binası
- 36 Ali Ericek İlahiyat Fakültesi
- 37 Ali Ericek Uygulama Camii
- 38 Ziraat ve Doğa Bilimleri Fakültesi
- 39 AİBÜ Yaşam Merkezi
- 40 Mehmet Tanrıkulu Sağlık hizmetleri Meslek yüksekokulu
- 41 NÜRDAM
- 42 Merkezi Yemekhane
- 43 Personel Lojmanları
- 44 KYK Öğrenci Yurtları
- 45 Su Deposu
- 46 Kütük Ev

ABANT İZZET BAYSAL ÜNİVERSİTESİ MERKEZ KAMPÜSÜ

- A Kapısı
- B Kapısı
- C Kapısı
- D Kapısı



## Department Student Activities

The students of our department established the «Healthy Living Community» in the 2022-2023 academic year.

The community provided Healthy Nutrition Education to pre-school children and developed educational materials.



Within the scope of 14 November World Diabetes Day, they carried out informative activities in the shopping mall.





World Obesity Day, 4 March, a walk was organized to raise awareness about obesity. Various physical activities, such as volleyball and jumping rope, were carried out during the event. Participants were offered whole-grain products and fruit to emphasize the importance of healthy nutrition in reducing the risk of obesity.



# Dietitians' Day was celebrated at BAIBU on June 6.

- Academicians, dietitians, and students attended the event held in Izzet Baysal Cultural Center.



## Contact Details for Program Erasmus Coordinator

Asst. Prof. Taha Gökmen ÜLGER

E-Mail: [tahagokmenulger@ibu.edu.tr](mailto:tahagokmenulger@ibu.edu.tr)

# Contact Us;

- For English: <http://bd.sbf.ibu.edu.tr/en>
- For Turkish: <http://bd.sbf.ibu.edu.tr/>
- E-mail: [besdiy.baibu@ibu.edu.tr](mailto:besdiy.baibu@ibu.edu.tr)
- On Instagram:  
[https://www.instagram.com/baibu\\_beslenmevediyetik?igsh=eTFiYWJ4enN5OGZk&utm\\_source=qr](https://www.instagram.com/baibu_beslenmevediyetik?igsh=eTFiYWJ4enN5OGZk&utm_source=qr)

